

VA



U.S. Department  
of Veterans Affairs

# Home & Community Based Care Programs





# CADHC

## Community Adult Day Health Care Program (CADHC)

Provides a safe environment Monday through Friday normal business hours, usually 0730-1730, for eligible veterans.

- We have twelve facilities including San Antonio, Victoria, Eagle Pass, Del Rio and Beeville. A list of the facilities can be requested from the CADHC office.



# CADHC

## Community Adult Day Health Care Program (CADHC)

- Offers additional health and social services in order to avoid premature nursing home placement
- Program emphasis:
  - Helping participants and caregivers develop the knowledge and skills necessary to manage care requirements in the home
  - Maintain or improve the health and functional status of participants
  - Assist participants to remain in the community
  - Enable families and other caregivers to continue home care for an impaired family member
  - Provide needed socialization for appropriate Veterans
- No Service Connection required
- Attend 1-5 days of the week, based on National Case Mix Tool



# CADHC

## Community Adult Day Health Care Program (CADHC)

### Eligibility Requirements

- No service connection requirements
- Enrolled in STVHCS
- Dependence in 3 or more Activities of Daily Living
- Dependence in 3 or more instrumental Activities of Daily Living
  - 75 years or older
  - Recent discharge from a nursing home or rehabilitation facility
  - Depression, hypertension, diabetes, etc.
  - Lives Alone
  - Alzheimer/Dementia
  - More than 3 hospitalizations or 12 urgent care visits in the past year



# CADHC

## Community Adult Day Health Care Program (CADHC) Referral Process

- Family or caregiver tour facilities and identify preference. Families Contact CADHC with facility choice
- After the CADHC consult is received, the CADHC office will process and forward an admission packet to the day health center
- The veteran may attend the facility up to 5 days of the week, depending on case mix tool and must alert CADHC office prior to initial attendance.
- Transportation: Some facilities provide transportation; however, most utilize VIA trans (the facility pays the fee)
- CONSULT: Community Care-GEC Community Adult Day Health Care (Provider)

**CADHC Office: 210 616-8480, E fax: 210 443-0318**



# CCT

## Care Coordination Team (CCT)

Set up services in the home using  
community home health agency staff  
Services:

- Medicare/VA Funding-Veteran Preference
- Community Care for Skilled Nursing, PT, OT, ST, or Home IV Infusion
- Community Care: Home Health Aide, Bowel and Bladder, Hospice, and Respite Care Services





# CCT

## Home Health Agencies (CCT)

Home Health and Hospice Agencies are licensed by the Department of Aging and Disability Services, Medicare, or CHAP certified and follow state and Medicare guidelines

Currently we utilize 125 Home Health agencies for  
Skilled, Non-skilled, Respite  
And 39 hospice agencies

Veteran does not need to be homebound in order to receive Home Health Services



# CCT

## Respite Care Program (CCT)

- Provides supportive care to veterans on a short-term basis to give the caregiver a planned period of relief from physical and emotional burdens associated with furnishing daily care to chronically ill and severely disabled persons
- Inpatient respite services include 30 days per calendar year and can be combined with outpatient
- Outpatient respite hours are determined by a National Case Mix and no longer follow a calendar year
- No service connection requirement
- Must have a caregiver
- Must be enrolled at STVHCS





# CCT

Outpatient Respite Care  
Home Health Agency  
provides a sitter to stay with  
the Veteran

Hours are determined by a National Case mix  
**CONSULT: Community Care- GEC Respite Non-Skilled  
consult or Community Care – GEC Respite Skilled**  
completed by provider for in home Respite services  
At least 2-week notice before start of requested services  
Skilled and non-skilled agency employees  
In home respite

Inpatient Respite Care  
Takes place in a Contract  
Nursing Home Facility or  
Kerrville CLC

- Must meet clinical criteria as well as eligibility for nursing home and long-term care: ADLs (3 or more) and IADLs dependence (2 or more), Cognitive Impairment, 75 years or older, Recent discharge from a nursing home, frequent hospitalizations or trips to urgent care
- Each 24 hours count as 1 day of respite care. 30 days per calendar year
- **CONSULT: Community Care –GEC Respite CNH or Community Care- Respite Kerrville completed by provider**
- Contract Nursing Home Consult completed by SOCIAL WORKER. Consult includes name of the family's preferred nursing home, specific dates, and will be sent to obtain approval from ACOS of Geriatrics before start of the respite care stay.
- Community contracted Nursing Home



# CCT

## Home Health Aide Services (CCT)

Home Health Aide/Homemaker Services for Assistance with bathing, grooming & dressing ADL's

Risk for nursing home placement without services  
Hours determined by National Case Mix tool

Dependent in 3 or ADLs 60% of the time and cannot get assistance through other resources  
No service connection requirement

Available caregiver  
Safe home environment

**CONSULT: Community Care –GEC**  
**Homemaker/Home Health Aide** placement by the provider



# HOSPICE-CCT

## **In-home:**

- Veteran preference for funding includes Medicare/VA
- Veteran preference for agency, if no preference CCT rotates agencies equally
- 60-day certification period

## **CNH hospice:**

- Veteran preference for funding includes Medicare/VA
- Veteran preference from CNH facility active hospice agency list provided to family by CCT
- 60-day certification period
- Hospice agency submits renewal forms within 1-2 weeks of the end of the certification period, regardless of funding





# QUESTIONS?

# Questions?



# CONTACT INFORMATION

**ACOS: Dr. Sandra Sanchez-Reilly**  
**Acting H&CBC Chief Nurse: Nancy Bowen**

**ADULT DAY CARE (CADHC)**  
**(210)616-8480**

- NM: Tammy Sanders
- ANM: Kimberly Lang

**CARE COORDINATION**  
**(CCT)**

**(210)616-8363**

- NM: Tammy Sanders
- ANM: Kimberly Lang



# RESOURCE MATERIALS



CADHC Brochure



Respite Care  
Brochure

<https://spark.adobe.com/video/ZAWcLUrtU00y4>